

## LIST OF ABBREVIATIONS

AFA	Arm Fat Area
AMA	Muscle Area
ATS	American Thoracic Society
BMI	Body Mass Index
BP	Blood Pressure
CI	Conicity Index
DBP	Diastolic Blood Pressure
FEV1	Forced Expiratory Volume for One Second
FEV1/FVC	Forced Expiratory Volume for One Second/ Forced Vital Capacity
FVC	Forced Vital Capacity
HAPE	High Altitude Pulmonary Edema
JNC 8	Joint National Committee 8 <sup>th</sup> Report
MmHg	Millimeter of Mercury
NFHS	National Family Health Survey
PEFR	Peak Expiratory Flow Rate
SBP	Systolic Blood Pressure
SD	Standard Deviation
WC	Waist Circumference
WHO	World Health Organization
WHR	Waist to Hip Ratio
WHtR	Waist to Height Ratio